

# OXHEY FIRST SCHOOL

Achieving Today for Life Tomorrow

*Excellence, Teamwork, Equality, Respect*



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## Fortnite Gaming

Dear Parents and Carers,

Over the past few weeks a number of issues have arisen over the game Fortnite. These issues are becoming more apparent in school at break and lunch times, and in some cases spilling over into the classroom as well which is impacting on children's learning. We have spoken to all children involved but we would like your continued support to address this matter.

A polite reminder that the game has an age limit of **12** years and therefore children at this school are not allowed to play without parental permission. However, if permission is given, please support the school by continuing to check messages, microphone conversations and friend requests on your child's device to ensure ongoing gaming safety.

As part of the computing curriculum we learn about e-safety and the issues around using the internet and staying safe.

We encourage children to

- Tell an adult if you see something that you don't like on the internet.
- Only accept friend requests of children we know in person.
- If someone messages any unkind words, tell an adult.
- Ensure all online activity is for fun.

Please see the attached poster and show your child the do's and don'ts for gaming.

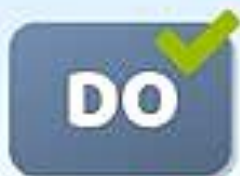
Thank you for your continued support.

Mrs Nevitt, Miss Jones and Mrs Masterson



# 5 Ways to Manage Time Spent Gaming

by @inner\_drive | www.innerdrive.co.uk



## GET YOUR WORK DONE FIRST

You can then spend time enjoying gaming knowing that your work has been done.



## LOSE SLEEP OVER IT

Sleep is important as it impacts on how you feel, think and behave the next day.



## SET A TIME LIMIT

This can help ensure you don't spend too much time gaming. All things are best in moderation.



## SPEND TOO MUCH TIME ON YOUR OWN PLAYING IN YOUR ROOM

Playing with other people in person and spending time with others is important.



## GET EXERCISE

Be sure to get enough fresh air and physical activity regularly. Don't replace exercise and sport with gaming.

