



'A happy place to learn and grow' Oxhey First School

01/10/2021



Visit our Twitter page for more pictures of this week's events



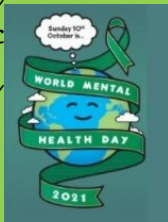
Part of the



Dear parents and carers,

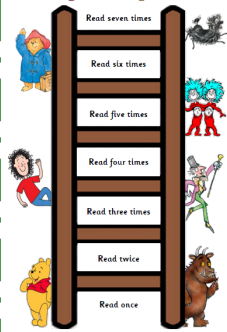
I hope you have all had a great week. On Sunday 10th October it is World Mental Health Day. In school on the 11th we will be enjoying a special assembly and thinking about our wellbeing toolbox. Managing our wellbeing can be really hard, but sometimes there are ways that we can make some changes to help this, like what we enjoy doing if we feel sad, getting enough sleep, or having times we can relax. We will be discussing and thinking about our own wellbeing toolbox to manage our wellbeing and mental health.

You may be aware that we have rising Covid cases in Staffordshire so please continue to check your email and texts so that we can keep you fully informed of any necessary measures we may need to take in line with our risk assessment and outbreak management plan.



Have a lovely weekend from Mrs Jukes and the Oxhey Staff Team

Ready, Steady, READ!



Ready, Steady, READ! - Results

The results are based on the number of children who have read four or more times in the week.

Well done to everyone who read and took part in the challenge last week.

- | | |
|------------------|----------------------------|
| 1st place | Marvellous Meerkats |
| 2nd place | Outstanding Owls |
| 3rd place | Fabulous Foxes |

Attendance

Sparkly Spiders	94%
Dazzling Dragonflies	97%
Amazing Alligators	97%
Perfect Pandas	99%
Terrific Turtles	99%
Marvellous Meerkats	99%
Outstanding Owls	97%
Fabulous Foxes	97%

This week's Whole School Attendance

98%

School target — 96.5%

Fantastic & well done

House Points

- Gryffindor - 332**
- Hufflepuff - 211**
- Ravenclaw - 210**
- Slytherin - 239**

The winner is
Gryffindor
With 332
points!



Your views as parents are important to us. We welcome any suggestions or ideas on how we can develop & improve as a school by emailing office@oxhey.staffs.sch.uk

Diary Dates For Parents

Special lunch

7th October

World Mental Health Day

10th October

School Photos

15th October

KS2 Harvest Festival

20th October

Half term

25th—29th October inclusive

Flu vaccinations R-Y4

22nd November

KS2 Carol Service

14th December

Christmas holidays

20th Dec - 3rd Jan inclusive

February Half-Term

21st—25th February

Easter Holidays

11th - 22nd April

May Day

2nd May

May Half Term

30th May—6th June

Summer Break

22nd July—2nd September

School photos

Friday 15th

October

Individual & sibling photos.



If your child took part in this scheme over the summer holidays, please could you complete a survey by following the link below:

<https://consultation.staffordshire.gov.uk/>

School Council



This week the new school council for the autumn term met for the first time. After getting to know each other a little bit they: **discussed potential fundraising that the school could carry out throughout the year.**

School councillors will have discussions with their class and find out which charities and annual fundraising events we will support this year.

We will keep you updated with the final decisions soon!

7th October		
Tasty Mains Beef Burger	Scrummy Sides Chips	Yummy Desserts Chocolate Orange Drizzle Cake with Chocolate Custard
Veggie Hot Dog	Sweetcorn	Strawberry Jelly & Ice Cream
	Baked Beans	

Don't forget, the school meals are free for all children in Reception, Year 1 and Year 2!

On Thursday 7th October our kitchen will be preparing the above special meal. Your child can order a meal on the day with their teacher (normal lunch charges apply) normal school sandwiches & jacket potatoes will also be available.

Collaboration
Honesty
Inspiration
Leadership
Democracy
Respect
Equality
Nurture

HM Government | NHS Test and Trace

Covid-19 Testing

With symptoms	Without symptoms
'PCR' tests	'rapid lateral flow' tests
When to take the test <ul style="list-style-type: none">If you have Covid-19 symptomsTo confirm your positive lateral flow test result	When to take the test <ul style="list-style-type: none">If you do not have symptoms of Covid-19As part of routine testing twice a week
How long it takes <ul style="list-style-type: none">These tests are processed in labsUp to 3 days, most results the next day	How long it takes <ul style="list-style-type: none">Result processed by test deviceAround 30 minutes
Get a test <ul style="list-style-type: none">At homeAt a test site	Get a test <ul style="list-style-type: none">At homeAt your secondary schoolAt a test siteAt your universityAt workCollect from a pharmacyAt your nurseryOrder online

Find out more at GOV.UK or call 119



WELL DONE TO OUR 'TIGER LEARNERS' & OUR 'PUPILS OF THE WEEK'

- Little Ladybirds - Calista & Taylor
- Dazzling Dragonflies - Charles & Lottie
- Sparkly Spiders - Cain & Bobby
- Terrific Turtles - Annabelle & Edward
- Perfect Pandas - Poppy & Oscar
- Amazing Alligators - Luca & Ruby
- Fabulous Foxes - Ben & Emily S
- Outstanding Owls - Finn & Samuel
- Marvellous Meerkats - Tia & Makari



Oxhey have had a fabulous day celebrating 'Multiplication Day'. We listened to rock music and songs from Ed Sheeran as his albums all have maths titles! We practised counting and reasoning using our multiplication knowledge too! In KS2, a TTRockstars battle was set up as the children wanted to be really competitive! Well done to the other children for showing enthusiasm like ENID! Go Team Oxhey! Don't forget to look at our Oxhey Twitter page to see all the fun that the children had!

WOW Awards.....



Amelia has passed stage 1 in swimming.



Serena completed the mud run and raised money for Cancer research UK.



Jo was voted 'Player of the season' by the players.



Edward was awarded 'Managers Player of the Season'.



Amber got awards in a horse riding competition.



World Mental Health Day Sunday 10th October 2021.

The theme for this year focusses on inequality. This means that not everyone has the same opportunities as others. All over the world, there are rich countries and poor countries. Not all countries have adequate healthcare, especially for supporting peoples mental health and wellbeing. This means that a lot of people who need support do not get it.



It is important to take care of our mental health: nurturing what's good for us and limiting things that have a negative impact on our mental health. During World Mental Health Day, we can take the time to reflect on how we can best take care of ourselves.

Some helpful self care tips:

- Do things that you enjoy, like spend time with friends and family. Take part in hobbies or other interests, something that makes you feel happier.
- Look after yourself, and be kind to yourself. Take 'time out' to listen to music or go for a walk.
- It is good to talk! Inequalities can create stigma, but it's OK to not be OK.
- Have a good sleep routine. Being tired can affect how you feel.
- Give yourself time. Time to focus on things and time to understand things.

For more useful tips you can log on to the CAMHS wellbeing portal at:

<https://combinedwellbeing.org.uk/>

If you feel that you need some support or would like to chat, the **Mental Health Support Team** are available in your school. Please speak to a member of staff for details.

North Staffordshire 
Combined Healthcare
NHS Trust