

## CHANGES TO COVID TESTING FROM 11th JANUARY 2022

**From Tuesday 11<sup>th</sup> January if you or your child have a positive Lateral Flow device (LFD) test, you do not need to get a follow up PCR test and should stay at home and self-isolate immediately.**

The self-isolation advice for people with coronavirus (COVID-19) has changed. It is now possible to end self-isolation after 7 days, following 2 negative LFD tests taken 24 hours apart. The first LFD test should not be taken before the sixth day.

