

**OXHEY FIRST SCHOOL**  
**A HAPPY PLACE TO LEARN AND GROW**  
*Excellence, Teamwork, Equality, Respect*



Inspiring Excellence Together



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Dear Parents/Guardians,

I am pleased to inform you that on **Monday 20<sup>th</sup> June until Friday 24<sup>th</sup> June**, all of the children will be taking part in a an exciting Health and Sports week. Throughout the week pupils will have the opportunity to take part in a wide range of activities relating to keeping fit and healthy.

Each day the children will need to come into school wearing their **PE kit or suitable sports clothes and trainers/pumps**. Some activities will take place outside, so joggers, sunhats etc. might be needed, depending on the weather. **Water bottles** will also be needed.

The theme of the week this year will be 'Multi-Sports' and throughout the week the children will have the opportunity to take part in a range of activities including gymnastics, orienteering and the active mile. In addition to these sessions there will be:

- A Little Athletes session for Nursery and Reception.
- A dance session for Years 1 and 2.
- A tag rugby session for Years 3 and 4.
- Year 4 will also be attending the Transitional Games at Woodhouse on the Thursday afternoon. (Please see previous letter for more details.)

The aim of these sessions is to give children a taster of the different activities/sports so that they may wish to become involved in such activities in school and at home in the future.

**As part of the week we will be holding our Sports Days and we are really happy to be inviting you as parents to attend this year.** Please bring your trainers ready for the parents race! These events are weather permitted. You will be contacted by text if it has to be cancelled.

**The Sports Days for parents to attend are:**

- **Years 3 and 4 – Monday 20<sup>th</sup> June, 9.30am – 11.30am**
- **Nursery and Reception – Tuesday 21<sup>st</sup> June, 9.30am – 10.30am**
- **Years 1 and 2 – Wednesday 22<sup>nd</sup> June, 9.30am – 11.00am**

To finish off the week the children will be taking part in a **Colour Fun Run on Friday!** For this please could all children come dressed in **bright clothing that day**. The more colourful the better! Suitable footwear for running will still be needed.

Make sure you follow us on Twitter this week to see all the exciting sports and activities.

Yours sincerely,

Mrs L. Jones (PE Leader)



