

02/12/2022



Visit our Twitter page for more pictures of this week's events



Dear parents and carers,

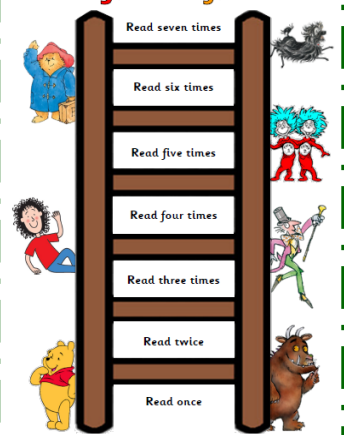
We hope that you enjoyed the school fayre as much as we did. Thank you for all your support—we raised a whopping £1,341. HUGE thanks also go to our wonderful PTFA and staff for making it happen. The money raised is spent on extra curricular activities and new resources such as the pantomime that is booked for January and new equipment for lunchtimes that has arrived this week.

Festivities continue next week with nativities and the carol concert. We look forward to seeing you then.

Best wishes from Mrs Jukes and the Oxhey Staff Team.



## Ready, Steady, READ!



## Ready, Steady, READ! - Results

The results are based on the number of children who have read four or more times in the week.

<b>1st place</b>	<b>Amazing Alligators</b>	<b>93%</b>
<b>2nd place</b>	<b>Fabulous Foxes</b>	<b>89%</b>
<b>3rd place</b>	<b>Perfect Pandas</b>	<b>82%</b>

Well done to everyone who read and took part in the challenge last week.

## Attendance

Sparkly Spiders	93.96%
Dazzling Dragonflies	95.19%
Amazing Alligators	96.55%
Perfect Pandas	97.35%
Terrific Turtles	95.61%
Marvellous Meerkats	97.07%
<b>Outstanding Owls</b>	<b>97.4%</b>
Fabulous Foxes	95.93%
This week's Whole School Attendance	
	96.21%

## House Points

<b>Gryffindor - 494</b>
<b>Hufflepuff - 527</b>
<b>Ravenclaw - 377</b>
<b>Slytherin - 300</b>

The winner is  
Hufflepuff  
With 527points!



## Diary Dates For Parents

### EY Nativity

6th (am) & 7th (pm) December

### KS1 Nativity

7th (am), 8th (pm & evening)

### KS2 Carol Service

8th December

### Children's Christmas lunch

9th December

### Rocksteady concert

13th December

### Autumn reports out

14th December

### Last day of term

16th December

### Christmas Holidays

19th December-2nd January

### School re-opens

3rd January

### February Half Term

20th-24th February

### Inset Day - closed to pupils

27th February

### Easter Holidays

3rd - 14 April

### May Half Term

## PTFA Christmas Fayre

A huge thank you to everyone that made donations on the non uniform days and to everyone that attended the fayre. A massive thank you to the following who donated amazing prizes for the raffle.....

- ◆ Biddulph Valley leisure Centre
- ◆ Scott's Barbers
- ◆ The Roaring Meg
- ◆ Foxtail Florists
- ◆ Tracey Ireland
- ◆ Jennifer Hyde
- ◆ Hometrends
- ◆ Cakes by Millrise
- ◆ The Furlong
- ◆ Geraldine Jervis



## Scholastic book fair

Thank you to everyone who visited the recent book fair. With the rewards Oxhey have boosted the range of books available for all children, these books will support learning in the classroom.



**C**ollaboration  
**H**onesty  
**I**nspiration  
**L**eadership  
**D**emocracy  
**R**espect  
**E**quality  
**N**urture

BIDDULPH  
*Christmas Twilight  
Market & Sing-Along*

FRIDAY 2ND DECEMBER 2022

FROM 3.30

WWW.BIDDULPH.CO.UK





# WELL DONE TO OUR 'TIGER LEARNERS' & OUR 'PUPILS OF THE WEEK'

- Little Ladybirds - Lincoln & Blake
- Dazzling Dragonflies - Rosalie & George N
- Sparkly Spiders - Angelyse & Ella-Rose
- Terrific Turtles - Lilly & Arthur
- Perfect Pandas - Alexa & Finley
- Amazing Alligators - Isla & Aydin
- Fabulous Foxes - Elsie & Katie
- Outstanding Owls - Amelie & Lucy
- Marvellous Meerkats - Finley & Leo

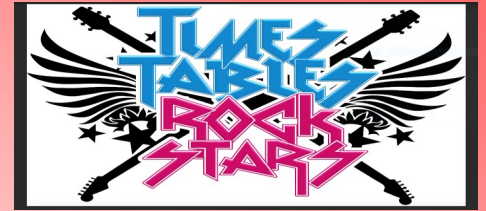


## WELL DONE TO OUR TT ROCKSTARS

The individual winners are:

- Outstanding Owls
- 1st - Amelie
- 2nd - Seth
- 3rd - Ellie
- Most improved—Ruby

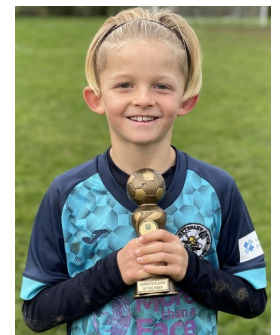
The class winner is:  
**Fabulous Foxes**



- Fabulous Foxes
- 1st - Aidan
- 2nd - Flynn W
- 3rd - James
- Most improved—Jessica

- Marvellous Meerkats
- 1st - Joshua
- 2nd - 🐻
- 3rd - Hadyn
- Most improved—Carter

## WOW Awards.....



Wow awards - All these amazing achievements have been celebrated in school. Well done everyone!





# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just enter they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 8000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, reporting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a perpetrator app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to identify and remove behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots of evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Celia Autherford is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government concerning internet use and sexting behaviour of young people in the UK, USA and Australia.

