

Gluten Free

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Gluten Free Tortilla Pizza with Jacket Wedges		Roast of the Day with Roasties (no stuffing) & Gravy	Mild & Sweet Chicken Curry with Rice	MSC Gluten Free Bubble Crumb Fish with Chips
Veggie Option	GF Pasta with Vegeballs in Classic Tomato Sauce	Veggie Cottage Pie	Veggie Sausage with Roasties & Gravy	GF Pasta with Cheese Sauce	Quorn Hotdog (no bun) with Chips
Lighter Options*	Jacket Potato with Choice of Baked Beans, Cheese or Tuna Mayo Choice of Tuna Mayo, Egg Mayo or Cheese GF Wrap with Veggie Sticks GF Pasta with Classic Tomato Sauce				
Veggies	Green Beans Sweetcorn	Broccoli Garden Peas	Cauliflower Sliced Carrots	Rainbow Veg	Baked Beans Garden Peas
Pudding	Fresh Fruit/Yoghurt or Substitute Dessert	Apples with Custard	Chocolate Mousse with Pears	Fresh Fruit/Yoghurt or Substitute Dessert	Vanilla Ice Cream with Peaches

Homemade bread is not suitable.

Please contact your school directly for details on how to order from your special menu

*Options vary between schools. Please see your school's menu for available daily choices. The special diets team have no control over what options are offered. Items listed above are all appropriate for this special menu.

Unfortunately, it is not always possible to offer a choice of main course or dessert, however, pupil safety is our priority.

Menus may change due to unforeseen operational reasons; these are out of our control.

Schools have the discretion to provide alternative roast meats.

Red writing is a note to the cook highlighting any necessary menu/recipe adaptations.

Our allergen information is sourced directly from our suppliers and food manufacturers.

Whilst every effort is taken to ensure that this adapted menu is correct, it is the responsibility of parents/carers to review it and contact specialdiets@edwardsandward.co.uk if any issues are suspected.

Gluten Free

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Gluten Free Tortilla Pizza with Jacket Wedges	Cottage Pie	Roast of the Day with Roasties (no Yorkshire) & Gravy	Bacon or Sausage Breakfast for Lunch with Diced Potatoes	MSC Gluten Free Bubble Crumb Fish with Chips
Veggie Option	Beany Chilli with Rice	Vegetable Fried Rice	Roasted Butternut Squash with Roasties (no Yorkshire) & Gravy	Veggie Sausage Breakfast for Lunch with Diced Potatoes	Garden Vegetable Goujons with Chips
Lighter Options*	Jacket Potato with Choice of Baked Beans, Cheese or Tuna Mayo Choice of Tuna Mayo, Egg Mayo or Cheese GF Wrap with Veggie Sticks GF Pasta with Classic Tomato Sauce				
Veggies	Green Beans Sweetcorn	Broccoli Garden Peas	Cauliflower Sliced Carrots	Baked Beans Cooked Tomato	Baked Beans Garden Peas
Pudding	Fresh Fruit/Yoghurt or Substitute Dessert	Pears with Chocolate Custard	Jelly	Fresh Fruit/Yoghurt or Substitute Dessert	Vanilla Ice Cream with Banana

Homemade bread is not suitable.

Please contact your school directly for details on how to order from your special menu

*Options vary between schools. Please see your school's menu for available daily choices. The special diets team have no control over what options are offered. Items listed above are all appropriate for this special menu.

Unfortunately, it is not always possible to offer a choice of main course or dessert, however, pupil safety is our priority.

Menus may change due to unforeseen operational reasons; these are out of our control.

Schools have the discretion to provide alternative roast meats.

Red writing is a note to the cook highlighting any necessary menu/recipe adaptations.

Our allergen information is sourced directly from our suppliers and food manufacturers.

Whilst every effort is taken to ensure that this adapted menu is correct, it is the responsibility of parents/carers to review it and contact specialdiets@edwardsandward.co.uk if any issues are suspected.

Gluten Free

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Gluten Free Tortilla Pizza with Jacket Wedges	Pork or Chicken Sausages with Mash & Gravy	Roast of the Day with Roasties (no stuffing) & Gravy	Chicken with Golden Vegetable Rice	MSC Gluten Free Bubble Crumb Fish with Chips
Veggie Option	GF Pasta with Veggie Bolognese	Veggie Sausage with Mash & Gravy	Veggie Sausage with Roasties & Gravy	GF Pasta with Cheese Sauce	Garden Vegetable Goujons with Chips
Lighter Options*	Jacket Potato with Choice of Baked Beans, Cheese or Tuna Mayo Choice of Tuna Mayo, Egg Mayo or Cheese GF Wrap with Veggie Sticks GF Pasta with Classic Tomato Sauce				
Veggies	Sweetcorn Green Beans	Sliced Carrots Garden Peas	Cabbage Carrot Batons	Rainbow Veg	Baked Beans Garden Peas
Pudding	Fresh Fruit/Yoghurt or Substitute Dessert	Apples with Apple Custard	Chocolate Mousse with Mandarins	Fresh Fruit/Yoghurt or Substitute Dessert	Vanilla Ice Cream with Fruit Cocktail

Homemade bread is not suitable.

Please contact your school directly for details on how to order from your special menu

*Options vary between schools. Please see your school's menu for available daily choices. The special diets team have no control over what options are offered. Items listed above are all appropriate for this special menu.

Unfortunately, it is not always possible to offer a choice of main course or dessert, however, pupil safety is our priority.

Menus may change due to unforeseen operational reasons; these are out of our control.

Schools have the discretion to provide alternative roast meats.

Red writing is a note to the cook highlighting any necessary menu/recipe adaptations.

Our allergen information is sourced directly from our suppliers and food manufacturers.

Whilst every effort is taken to ensure that this adapted menu is correct, it is the responsibility of parents/carers to review it and contact specialdiets@edwardsandward.co.uk if any issues are suspected.