## **FEBRUARY 2024**

## Staffordshire Moorlands Family Hub

Staffordshire Moorlands Family Hub, Albert Street, Biddulph, ST8 6DT 01782 297970

All Saints (CE) V First School, Kids Club Room, Cheadle Road, Leek, ST13 5QY

St Pauls Church Hall, Novi Lane, Leek, ST13 6NR

Endon Village Hall, ST9 9DR Brown Edge Village Hall, ST6 8TB Werrington Village Hall, ST9 0JS

Alstonefield Village Hall, DE6 2FY St Giles The Abbott Cheadle ST10 1HU

Waterhouses Methodist Chapel, Leek Road, Waterhouses, ST10 3HN

Home-Start Staffordshire Moorlands, Earl Street, Leek, ST13 6TJ Kingsley Holt Centre ST10 2BQ

FPC = Children's Centre Free Pass Card Accepted up to a value of £5 per participating session

Staffordshire County Council

## MONDAY

#### Little Doves Under 5s Playgroup

Waterhouses Methodist Chapel, ST10 3HN Fun & Friendly baby & toddler group. Free play, craft, dancing and bubbles! Drop In 9.15AM - 11.00AM 0-5 years £2.00 per family FPC For details go to @Little Doves Under 5s Playgroup Waterhouses

## Craft & Play

#### St Giles The Abbott Cheadle ST10 1HU

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers. 10:15AM- 11:45AM FREE - TERM TIME ONLY Tel: Home Start Staffordshire Moorlands 01538 387231

### Breastfeeding Support Group

#### Staffordshire Moorlands Family Hub, ST8 6DT Parent Led Support Group FREE Call 01782 297970 for details

## TUESDAY

#### Bloom Baby FPC Brown Edge Village Hall ST6 8TB

A gentle baby development class that encourages the natural development of babies from 0 to 15 months 09:45am—10:30am Busy Bees (6-15 months) 11:00am—11:45am Caterpillar Club (0-6 months)<u>https:// bloombabyclasses.com/northstaffordshire/</u>

## **TUESDAY cont'd**

Childminders Networking Group

Staffordshire Moorlands Family Hub, ST8 6DT

A group for local childminders and their minded children to meet up and play. 9:30AM - 11:30AM 0-5 years

### Craft & Play

### Home-Start Staffordshire Moorlands ST13 6JT

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers. 10:00AM- 11:30AM FREE - TERM TIME ONLY Tel: Home Start Staffordshire Moorlands 01538 387231

### Yogi Dots FPC

### Staffordshire Moorlands Family Hub, ST8 6DT Baby Massage and Mum and Baby Yoga. 10:00am – 10:45AM – Baby Massage 11:00AM – 11:45AM – Mum and Baby Yoga £30 for a 5 week course FPC Tel: 07791 411725

## WEDNESDAY

#### Endon Little Learners Endon Village Hall Play and Learn session 9:30am—11:30am 0-5 years Voluntary donation of £2.50 and 50p per additional child Tel: Kate on 07921 253749

## WEDNESDAY

### Bloom Baby FPC

St Pauls Church Hall , Novi Lane, Leek, ST13 6NR

A gentle baby development class that encourages the natural development of babies from 0 to 15 months 10:00am—10:45am Busy Bees (6-15 months) 11:15am—12noon Caterpillar Club (0-6 months) 12:30pm-1:15pm Caterpillar Club (0-6 months) https://bookwhen.com/ bloombakewellleek



#### <u>Craft & Play</u> Home-Start Staffordshire Moorlands ST13 6JT Come and join us for a morning of crafts and play. Suitable for

Pre-school children with parents/carers. 10:00AM- 11:30AM FREE - TERM TIME ONLY Tel: Home Start Staffordshire Moorlands 01538 38723

Please visit our Facebook page to find a full description of the sessions

'Staffordshire Moorlands Children's Centre'





## THURSDAY

#### <u>Craft & Play</u> Kingsley Holt Centre ST10 2BQ

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers. 10:00AM- 11:30AM FREE - TERM TIME ONLY Tel: Home Start Staffordshire Moorlands 01538 387231

### From Pram to Primary (0-11yrs)

All Saints' Kids Club Room Are you struggling with your child's behaviour; mealtimes and bedtimes becoming a challenge? If your child is aged between 0-11 years, then this programme could be for you. 9:30AM - 11:30AM FREE

#### \*\*BOOKING ESSENTIAL\*\* Email:

Groupwork@staffordshire.gov.uk Or call Carol 01782 297970

## THURSDAY

Simply Play Babies Leek United Buillding Society ST13 5DL

Spend time with your baby, have fun and try out lots of different activities. 10 week course. 1:00PM—2:30PM FREE 0-12 months \*\*BOOKING ESSENTIAL\*\* Email:

Groupwork@staffordshire.gov.uk Or call Carol 01782 297970

## FRIDAY

#### Wake Up Shake Up Breakfast Club

Staffordshire Moorlands Family Hub, ST8 6DT

Stay and Play includes Breakfast. For parents and carers with little ones aged 0-4 years. Fun and friendly group with lots of toys and soft play 9.30am—11:00am FREE For details call 01782 297970

### <u>Childminders Networking</u> <u>Group</u>

Staffordshire Moorlands Family Hub, ST8 6DT

A group for local childminders and their minded children to meet up and play. 9:30AM - 11:30AM 0-5 years FREE Tel: 01782 297970

## FRIDAY

### **Bloom Baby FPC**

Staffordshire Moorlands Family Hub, ST8 6DT A gentle baby development class that encourages the natural development of babies from 0 to 15 months 9:45 - 10:30am Busy Bees (6-15 months) 11:00am - 11:45am Caterpillar Club (0-6months)

For booking go to https://bloombabyclasses.com/bakewell-

and-leek/

# Sensory Room

A Sensory Room is a special, peaceful place that has a range of stimulating equipment that provides an environment that enhances both learning and relaxation for babies and children. Please feel free to hire our room on your own or bring along family or friends.

Our room holds 4 and includes bubble tubes, specialised lighting, projector images, stimulating toys, fibre optics and much more.

£2.50 per hour

Staffordshire Moorlands Family Hub

Biddulph ST8 6DT Tel: 01782 297 970

The Sensory Room is available **Monday to Friday 9.00am - 16.00pm** The room holds a maximum of **4** 

## FRIDAY

### Bloom Baby FPC

### Werrington Village Hall ST9 0JS

A gentle baby development class that encourages the natural development of babies from 0 to 15 months 9:45 - 10:30am Busy Bees (6-15 months) 11:00am - 11:45am Caterpillar Club (0-6months) For booking go to https://bloombabyclasses.com/northstaffordshire/

### Boogie Mites Music and Movement FPC All Saints Kids Club Room

An interactive music and movement session for children age Birth to 5 years accompanied by an adult. Boogie Mites aims to teach in a fun and enjoyable way with both child and parent/carer having fun together. Theme changes monthly

Boogie Mites (Mities) 9:30AM - 10:15AM 18 months +

Boogie Mites (Teenies) 10:30AM - 11:15AM Suitable from crawling—18mths Boogie Mites (Babies) 11:30AM - 12:15PM Suitable from birth to crawling £30 for a 6 week course FPC Email: Paula <u>https://</u> bookwhen.com/

### SUPPORT FOR YOU AND YOUR FAMILY IN STAFFORDSHIRE MOORLANDS

#### Healthy Start Vouchers

Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.









### Family Action Staffordshire Family Support

and Outreach Service Providing support for children and young

people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities

#### Telephone Newcastle & Staffordshire Moorlands 01782 228963 Email: Staffordshire@family-action.org.uk

Web: www.family-action.org.uk

Staffordshire Moorlands has a wealth of support for you and your family. Please visit Staffordshire Connects for more details



## HUNGRY LITTLE MINDS

Sign up to Hungry Little Minds Staffordshire and Stoke on Trent for free and you will get 2 emails a month showing you how you can help your baby's brain develop, support with activities and check to see when your baby's health checks are due.



## **FAMILY HUBS**



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

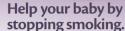
We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.



Click on the QR code to take you to our Family Hub page for more details.



# Mum to be? Quit for me!



Smoking in pregnancy: • reduces the oxygen getting to your baby • increases the risk of miscarriage, stillbirth and cot death

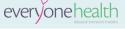
- We offer: • 12 weeks of support tailored to your needs • Free nicotine replacement therapy
- We can help: • If you live in Staffordshire\*
- If you smoke tobacco products
  If you are pregnant, or have had a pregnancy within the last 6 months.
- If you live with someone who is pregnant, or has had a pregnancy within the last 6 months

What do I do now? Visit: staffordshire.everyonehealth.co.uk



Funded by Staffordshire County Council

\*excluding Stoke on Tree







## The best place to go to find information about SEND support in Staffordshire.



- Education
   Extra Help available to childre
   Social Care
   families and settings
- Health and Wellness
   Travel and transport
- Travel and transport support gro Places to go, things to do Policy infor
  - mechanisms, forms

Email: localoffer@staffordshire.gov.uk

Staffordshire County Council

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