

Milk & Egg Free

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Margherita Pizza (DF cheese) with Jacket Wedges	Golden Coconut Chicken Curry with Rice	Roast of the Day with Roasties & Gravy	Sausage with Mash & Gravy	Fish Fingers or Salmon Fish Fingers with Chips
Veggie Main	Rainbow Pizza (DF cheese) with Jacket Wedges	Choose from lighter options	Sage & Onion Whirl with Roasties & Gravy	Plantastic Balls with Mash & Gravy	Crispy Garden Fingers with Chips
Lighter Options*	Jacket Potato with Tuna (no mayo) or Baked Beans and/or Dairy-Free Cheese Homemade Hero Pasta Tuna (no mayo), Dairy-Free Cheese or Ham Sandwich Tomato Soup with a Dairy-Free Cheese Sandwich				
Veggies	Veg of the Day	Veg of the Day	Veg of the Day	Veg of the Day	Veg of the Day
Sweet Treat*	Chocolate & Vanilla Swirl Cookie	Fresh Fruit or Substitute Dessert	Fruity Jelly	Fresh Fruit or Substitute Dessert	Chocolate Brownie
	Fresh Fruit				

Please contact your school directly for details on how to order from your special menu

*Options vary between schools. Please see your school's menu for available daily choices. The special diets team have no control over what options are offered.

Red writing is a note to the cook highlighting any necessary menu/recipe adaptations.

Items listed above are all appropriate for this special menu. Unfortunately, it is not always possible to offer a choice of main course or dessert, however, pupil safety is our priority.

Menus may change due to unforeseen operational reasons; these are out of our control.

Our allergen information is sourced directly from our suppliers and food manufacturers.

Whilst every effort is taken to ensure that this adapted menu is correct, it is the responsibility of parents/carers to review it and contact specialdiets@edwardsandward.co.uk if any issues are suspected.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Margherita Pizza <i>(DF cheese)</i> with Jacket Wedges		Roast of the Day with Roasties & Gravy	Chicken Stir-Fry Rice	Fish Fingers or Salmon Fish Fingers with Chips
Veggie Main	Rainbow Pizza <i>(DF cheese)</i> with Jacket Wedges	Garden Bolognese Bow Tie Pasta	Butternut Squash Hot Pot with Roasties	Rainbow Noodle Bowl	<i>Crispy Garden Fingers</i> with Chips
Lighter Options*	Jacket Potato with Tuna <i>(no mayo)</i> or Baked Beans and/or <i>Dairy-Free Cheese</i> Homemade Hero Pasta Tuna <i>(no mayo)</i> , <i>Dairy-Free Cheese</i> or Ham Sandwich Tomato Soup with a <i>Dairy-Free Cheese</i> Sandwich				
Veggies	Veg of the Day	Veg of the Day	Veg of the Day	Veg of the Day	Veg of the Day
Sweet Treat*	Vanilla Snap	Flapjack	Fruity Jelly	<i>Fresh Fruit or Substitute Dessert</i>	Chocolate Brownie
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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Margherita Pizza (DF cheese) with Jacket Wedges	Sausage with Mash & Gravy	Roast of the Day with Roasties & Gravy	Penne with Beef Bolognese	Fish Fingers or Salmon Fish Fingers with Chips
Veggie Main	Rainbow Pizza (DF cheese) with Jacket Wedges	Garden Sausage with Mash & Gravy	Veggie Sausages with Roasties	Sunshine Sweet Potato Curry with Rice	Crispy Garden Fingers with Chips
Lighter Options*	Jacket Potato with Tuna (no mayo) or Baked Beans and/or Dairy-Free Cheese Homemade Hero Pasta Tuna (no mayo) , Dairy-Free Cheese or Ham Sandwich Tomato Soup with a Dairy-Free Cheese Sandwich				
Veggies	Veg of the Day	Veg of the Day	Veg of the Day	Veg of the Day	Veg of the Day
Sweet Treat*	Lemon Biscuit	Choco Krispie Bites	Fruity Jelly	Fresh Fruit or Substitute Dessert	Chocolate Brownie
	Fresh Fruit				

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