

# What is bullying?

Several times on purpose



Start Telling Other People



Bullying is when someone is **unkind** on **purpose**, **several times** and it makes the person **feel sad, scared or hurt.**

At Oxhey, we believe in..

**C**ollaboration  
**H**onesty  
**I**nspiration  
**L**eadership  
**D**emocracy  
**R**espect  
**E**quality  
**N**urture

## ◀ Bullying can be..

- **Physical** - hurting someone's body
- **Verbal** - hurtful words
- **Social** - leaving people out
- **Online** - being unkind using phones, games or apps ▲

Our **Anti-Bullying Policy** is important because it helps to make Oxhey a happy place to learn and grow. ▶



## Who can help

- ✓ Teachers and staff at Oxhey
- ✓ Family
- ✓ A trusted adult
- ✓ Friends
- ✓  ChildLine  
0800 1111